

BALLERINA COMPLEX

We are all self-centered egomaniacs
Caring only about ourselves.
Prima ballerinas, all of us.



It's both a blessing and a biological hazard.
It's a continuing World crisis and Pandemic.

The most dangerous are those
 Who have the audacity to think
 They know what everyone else
 Should think, do, say, and be.
Then proceed to spout venomous nonsense,
Point fingers, and assign blame.

The only thing worse
Is that the poor ignorant egomaniacs
Hear what they think is Truth
Then pile on shame and guilt
Like it was whipped cream.

The single Saving Grace is that
We can experience empathy—if
We allow ourselves to do so.

Experiencing what others are experiencing
Creates compassion, which dissolves ego-maniacal behavior.

There is Hope Baby Love,
But you have to relax your grip on execution,
Wear someone else's tutu,
Notice the tatters, and allow
Compassion to happen.

Keep practicing.
Life really is a *ballet*.