

TIME USE REALITY CHECK

When all your waking day is filled with
Doctor appointments,
Taking prescription medicines,
Vitamins, supplements, herbs,
Preparing a healthy diet,
Shopping, gossiping, partying,
Exercising, swimming, walking,
Monitoring your blood sugar like a vulture,
Checking your blood pressure like a vampire,
Taking Epsom salt soaks to leach out toxins,
And searching for miracle anti-wrinkle potions and
Climbing the corporate ladder,
Just to stay alive longer.....



What's the point of staying alive at all?

Without meditating or praying: connecting with the Eternal;
Without serving others: sharing yourself;
Without caring for Mother Earth: preserving a Living Being;
Without giving and receiving Love: the only substance of LIFE....

What's the point? Well? What is it?

Consider that you actually have a choice:

Strive for the superficial happiness of vanishing material gratification
OR
Aspire to permanent JOY residing in your Spirit and Eternal through lifetimes.

Exist for the outside?
OR
Really Live from the inside?

The way you choose to use
Your life-time
Reveals more than you know.

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