

**WADING THROUGH FIRE**

Wading through the fires of the past  
Seems to be what we do best.

Pondering from above,  
That looks like feeding a never-ending fire  
And living inside circles of self-created agony.

Why would anyone do that?

Don't they know that Expanding Awareness  
Forces the devious brain out of its comfort zone,  
    Un-gnarls habitual emotional knots,  
        Dilutes toxic mental stress, and  
            Levels out those carved-in-stone-misery ruts?

Don't they *Know*?  
Why wouldn't everyone want to  
Expand their consciousness?

< ..... >

OH!

**BINGO!**

They require more lessons from the Horror Pit before  
They realize they are drowning in their own emotional quagmire,  
Let alone becoming able to climb out and fly.

