

A PRELUDE TO PRAYER

When you think you're helping, you're interfering.

When you think you're saving, you're mistaken.

When you think you know best, you're being "right."

When you think your way is the only way, you're being arrogant.

When you have the answer, it's only *your* answer.

When you think you're teaching truth, your pride is speaking.

When you think up an opinion, you're building fences.

When you think you need saving, you're being judgmental.

When you think you need help, you're deep in self-pity.

When you think your opinion is true, you've created an anger trigger.

When you think you are un-worthy, you are.

When you think you are worthy, you are.

When you think something outside can save you, you're deluded.

When you think too much, too often, you create a "belief" you then "know" is true.

When you think you're praying, you're begging.

When you "believe" all you think, you have no room for Love.

*When you understand yourself, then, you know to Pray thusly,
With intense affirmation:*

Love, Love, Love.

All I have is

Love, Love, Love.

All I am is

Love, Love, Love.

All we are is

Love, Love, Love.