

**MAKING THE MOST OF LIFE**

**Time** does not exist without self-consciousness  
To mark the turning of the earth  
In relation to the sun.

**Directions** do not exist without self-consciousness  
To define up-down, right-left, north-south, east-west.

**Measurement** does not exist without self-consciousness  
To assign a name to a specific distance  
Then get everyone to agree on it.

**Extrasensory perception** does not exist without self-consciousness  
To recognize the invisible capability.

**Self-consciousness is the vehicle of Experience, and  
Experience is Life, and  
Life is expansion of consciousness.**

So, Baby Love,  
All the running around you do,  
All the frenetic shopping, loving, exercising, adventuring,  
Learning new things, having car wrecks, falling off mountains,  
And sometimes starving—  
Takes self-consciousness to recognize those experiences  
As LIFE, and thereby expand all consciousness.

Hurry along your Way, at your own pace.  
Just remember, you have to remain consciously aware  
In order to suck all the juice out of Life.

