

MIND STRETCHING

Consider **Infinity**, infinite space.
 Consider **Eternity**, Eternal time.

Can't do it, huh? Well then, close your eyes and
 Visualize a beam of light shooting out from your forehead.
 See it speeding past planets, and Suns, and galaxies,
 On, and on, and on, extending farther and farther,
 Into **Infinity, Eternally.**

(Go ahead, Do it. Now. Take a minute.
 Get a sense of the magnitude.)



Feels curiously real, experiencing that visualization, but hold on, Sweetie.
 The principles of **Eternal time** and **Infinite space** are only
Concepts, created by human, self-conscious awareness.

Time and Space exist only in the aware mind.

Eternity exists in our minds, a concept supported by
 Tired muscles and bleary eyes.
 Just staying present in the present Now, is Eternity.

Infinity exists in our minds, conjured by projection,
 Extended by imagination, incurable curiosity,
 And Hollywood.

You see, Baby Love, there is no actual external evidence
 Separate from our mis-perceptions feeding our brains,
 Then our minds making up excuses called "reasons,"
 To validate the mental concepts of Time and Space.

Humans have arbitrarily assigned Space/Time qualities to
 The movement of the stars because they appear regularly,
 Seeming more **Eternal, Infinite**, and **Balanced** than anything else to make a bet on.

And that works well enough while we're in a body, but,
 Sooner or later, we'll be jerked out of our physical complacency
 And faced with **Becoming Eternal and Infinite**,
 Which exhibit as **Consciousness Itself.**

Might as well start prepping for the absence of everything.

See if you can stretch your mind around that concept. *(Go ahead. Sense the Magnitude.)*
(Return to the top. Read again. Practice.)