

MORE UNDERSTANDING

(take a deep breath)

Understanding that our True Self, our Soul, our Spirit,
 Animates a carbon based vehicle
 Expressly designed to *perceive, react or respond*
 To a three-dimensional universe
 For the single purpose of having *experiences*
 That shape and mold the *personality*,
 Which shapes and molds the *values*,
 That determine the *actions*,
 Which, if made with *love and compassion*,
 Can lift our True Self, our Soul, our Spirit,
 Into Higher Vibrational Dimensions.



Understanding that what the brain speaks, the eyes see, and the ears hear
 Has more vibrational influence on the purity of our bodies than
 Any food, drink, vitamin, or cleansing potion has—

Understanding that our body is the **only** chariot that can take us
 To see the face of God, so to speak—

Understanding all **that**, opens an advanced portal to higher
 Nurture, Care, Compassion, and Love, that is
 Absolutely necessary before *illumination* or *ascension* is available.

Baby Love, if you've read this far, you're aiming for **illumination**,
 So listen to the wisdom of your body.
 Become sensitive to the quality of its resonances.
Intentionally, with fervor, pursue the finer inclinations.

Considering that we are eternal Spirit,
 Why the heck else would we voluntarily take on a physical body,
 If not to have experiences that enrich the Spirit?

After all, for Heaven's sake, nothing else on Earth goes with you.

PS: Discernment Required.
 The body has a mind of its own.
 It's a bit of a Shape-shifting trickster.